

CARMEL HIGH SCHOOL

COUNSELING DEPARTMENT

SEPTEMBER, 2009

VOLUME 1, ISSUE 1

Message from the Director of Guidance

WELCOME BACK - as the school year begins, I hope you are feeling relaxed, refreshed, and READY for a very productive school year. You should know the Carmel Counseling Department has been preparing for your arrival so you can begin the school year with ease. During the last week of August, the CHS Guidance and Counseling Department has been very busy, registering new students, responding to schedule inquiries, scheduling, and we will be coordinating new student meetings, as well as preparing to meet the Class of 2013.

A reminder to **SENIORS**: It is very important that you review the **DRAFT TRANSCRIPT** that will be made available to you (I will update you on how to pick them up). If changes are necessary, see your counselor immediately, but no later than September 30th, 2009 so an official transcript may be corrected and printed to be mailed to the colleges you have selected. This is a priority for all of us!

COUNSELING STAFF

- *Mr. Noel Cabassa, Director of Guidance*
 - *Mr. Tom Feliciotto, School Counselor*
 - *Mrs. Juliet Kunkel, School Counselor*
 - *Ms. Heather Jaffe, School Counselor*
 - *Mrs. Kristen Mancini, School Counselor*
 - *Ms. Danielle Brenner, School Counselor*
 - *Mr. Nick Ruotolo, School Counselor*
 - *Ms. Carolyn Pollina, School Counselor*
 - *Mrs. Maureen Karoglanian, School Psychologists*
 - *Dr. Dawn Gorliisky, School Psychologists*
 - *Dr. Karin Brenner, CSW*
- Support Staff:*
- *Mrs. Sandy O'Brien*
 - *Mrs. Loretta Burke*
 - *Mrs. Michele Collins, Registrar*

INSIDE THIS ISSUE:

Message from the Director of Guidance	1
CURRICULUM NIGHT	1
MEET CAROYLN POLLINA	2
SAT, ACT TEST DATES AND REGISTRATION DEADLINES	2
COLLEGE BOARD AND ACT INFO.	2
WHO'S MY COUNSELOR?	3
NEW THIS YEAR	4
ADD/DROP POLICY SCHEDULE CHANGES	4

CURRICULUM NIGHT

MONDAY, SEPTEMBER 14 2009 AT CARMEL HIGH SCHOOL.

The Counseling Department will conduct two presentations prior to the start of Curriculum Night .

Presentation #1 6:00pm—7:00pm Mrs. Kunkel and Ms. Brenner are presenting to the parents of incoming freshman. Topics to be covered will be transition issues, graduation requirements, and support services. The presentation will be held in the Gymnasium.

Presentation #2 6:00pm-7:00pm School counselors will be presenting information on applying to colleges to parents of seniors. Topics to be covered will be application process and timetable , and graduation requirements. The presentation will be held in Casey Hall.

Counselors will be available 5:30pm-6:00pm and 7:00pm-7:30pm for questions.



Respect
Academics
Motivation
Safety

MEET CAROLYN POLLINA



I am excited to be a part of the Carmel community! I attended SUNY Oneonta and received a BS in Child and Family Studies, and a MS in School Counseling from Mercy College. Upon graduation, I came to work in Carmel's guidance department as a leave replacement in the Fall of 2008. Once that was completed, I worked in New Rochelle High School's guidance department. I am thrilled to be back, and can't wait to begin the school year. I hope to incorporate fresh and innovative ideas into an already fantastic department!



COLLEGE BOARD AND ACT INFORMATION

You must apply for the SAT directly through College Board. The ACT must be applied for directly through ACT.

Test Scores No Longer on Transcripts: Effective September, 2009, CHS will no longer print SAT or ACT scores on student transcripts. If you are applying to a college that requires SAT or ACT scores, you must request the scores to be sent to the college directly from The College Board (SAT) or the ACT. The easiest way to request scores is online at: www.collegeboard.com (SAT) or www.actstudent.org (ACT). The College Board (SAT) charges \$9.50 for each score report. The ACT charges \$9.00 for each score report. Since both the SAT and ACT offer score choice, you may select which test date(s) to send scores from. *Please keep in mind that when you register for either test, you may select up to 4 colleges to receive the score report at no cost to you.*

SAT/ACT DATES AND DEADLINES

SAT® REGISTRATION DEADLINES 2009-2010	Test Dates 2009-2010						
	OCT 10	NOV 7	DEC 5	JAN 23	MAR 13*	MAY 1	JUN 5
Early Registration <i>(International only)</i>	Aug 19	Sept 16	Oct 14	Dec 2	N/A	March 10	April 14
Regular Registration	Sept 9	Oct 1	Oct 30	Dec 15	Feb 4	March 25	April 29
Late Registration <i>(Domestic only)</i>	Sept 23	Oct 15	Nov 12	Dec 30	Feb 18	April 8	May 13

ACT Test Date	ACT Registration Deadline	ACT (Late Fee Required)
September 12, 2009*	August 7, 2009	August 8 – 21, 2009
October 24, 2009	September 18, 2009	September 19 – October 2, 2009
December 12, 2009	November 6, 2009	November 7 – 20, 2009
February 6, 2010**	January 5, 2010	January 6 – 15, 2010
April 10, 2010	March 5, 2010	March 6 – 19, 2010
June 12, 2010	May 7, 2010	May 8 – 21, 2010

WHO'S MY COUNSELOR?

9TH GRADE
Mrs. Kunkel
Mr. Feliciotto
Ms. Brenner



10TH GRADE	
COUNSELOR	ALPHABET ASSIGNED
Mr. Cabassa	A-BEA
Ms. Jaffe	BELL-ELL
Mr. Ruotolo	ERI-L
Mrs. Mancini	M-ROB
Ms. Pollina	ROD-Z
Mr. Feliciotto	CAHS

11TH GRADE	
COUNSELOR	ALPHABET ASSIGNED
Mr. Cabassa	A-BAR
Ms. Jaffe	BARS-DEV & MUCC-OST
Mr. Ruotolo	DI-HOE & PADI-RICE
Mrs. Mancini	HOL-MOR & RIN-RUB
Ms. Pollina	RUCC-Z
Mr. Feliciotto	CAHS

12TH GRADE	
COUNSELOR	ALPHABET ASSIGNED
Mr. Cabassa	A-AUT
Ms. Jaffe	BAI-DUFR & MOR-O'SHAU
Mr. Ruotolo	DUM-HOW & ORL-REY
Mrs. Mancini	IAC-MON & RICC-ROSS
Ms. Pollina	RUGG-Z
Mr. Feliciotto	CAHS

New this year!

A presenter from Monster.com will be visiting CHS to present relevant information to our **freshman** class on how to make the most of their freshman year in a presentation called "Making it Count." This will take place on the first PLC day, 9/21/09, from 7:00-7:50 AM in the gym. In addition, we are excited to welcome members from the Women's Shelter in Mahopac. They will be presenting important information on the following topics for our freshman on PLC days.

10/26/09 - Texting / sexting / cyber bullying / harassment

11/23/09 - Bullying/empowerment/self-esteem/conflict-resolution

12/21/09 - Healthy vs. unhealthy relationships/dating violence/stalking

2/22/10 - Gender stereotyping/sexual harassment

3/22/10 - Diversity skills

SCHEDULE CHANGES

DROP / ADD POLICY

DEADLINE FOR DROPPING OR ADDING A FULL-YEAR COURSE

September 29 Last day for adding a full-year course.

October 28 Last day for dropping a full-year course without it appearing as a drop on the transcript.

DEADLINE FOR DROPPING OR ADDING A SEMESTER COURSE

FIRST SEMESTER:

September 29 Last day for adding a first semester course.

October 28 Last day for dropping a first semester course without it appearing as a drop on the transcript.

.SECOND SEMESTER:

February 22 Last day for adding a second semester course.

March 24 Last day for dropping a second semester course without it appearing as a drop on the transcript.

REASONS FOR SCHEDULE CHANGES

1. Student already has credit in a course for which they are currently scheduled.
2. Student does not have credit in a prerequisite course.
3. Student's schedule lacks a required course for graduation, i.e. English, Social Studies, Math, Science.
4. Student is scheduled for a course they did not select.
5. Student is scheduled for a course that is not appropriate for their ability level.

THE FOLLOWING ARE NOT CONSIDERED APPROPRIATE

REASONS FOR SCHEDULE CHANGES.

1. Switch lunch periods
2. Switch periods of a class.
3. Switch PE classes.
4. Teacher preference

Students who want to drop an academic class must have parental consent (IN WRITING).